

<https://www.sherwoodcc.org.uk>

OPEN 25 MILE TIME TRIAL

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Saturday, 17th August 2019 at 2.01pm on A25/34 Course

- Event Secretary:** Roger Widdowson, 27 Morley Road, Thorneywood, NOTTINGHAM. NG3 6LL
Tel: 07966 777 475 E-mail: roger.widdowson@ntlworld.com
- Timekeepers:** Bill Stanley, Melton Olympic CC
Norman Portess, Melton Olympic CC
- Event Headquarters:** Farndon Memorial Hall, 117 Marsh Lane, Farndon, Notts, NG24 4TA. (Open from 13.00 hours)
- Event Rules:** PLEASE RESPECT THE FOLLOWING REQUEST OF THE CUSTODIANS WITHOUT EXCEPTION:-
1. Do NOT wear cycling shoes in the HQ to avoid damage to the floor
 2. NO NUDITY! Use the Large Hall or the Toilets for getting into your Club kit.
 3. Do NOT park across anyone's driveway. Apart from being ignorant, you just shouldn't do it.

Numbers and Signing On – Numbers will be at the Event HQ and can be collected when you sign on. Please return your number in exchange for a drink after your ride.

You **MUST** personally sign back in again upon completion of your ride otherwise **YOU WILL** receive a DNF!

Parking is available along the Main Road and throughout side roads within the village. There is no parking for competitors at the Pavilion this year. Please be respectful to residents at all time - this means do not park across anyone's driveway and do not get changed into your Club kit in public unless you cover your modesty or lack thereof!

NO WARMING UP ON THE A46 AFTER THE EVENT HAS STARTED!
DO NOT OBSTRUCT THE PATH OF COMPETITORS WHO ARE GOING ALONG THE FINISHING STRAIGHT - STAY ALERT!

PRIZE LIST

One rider – One prize (except for team prize)

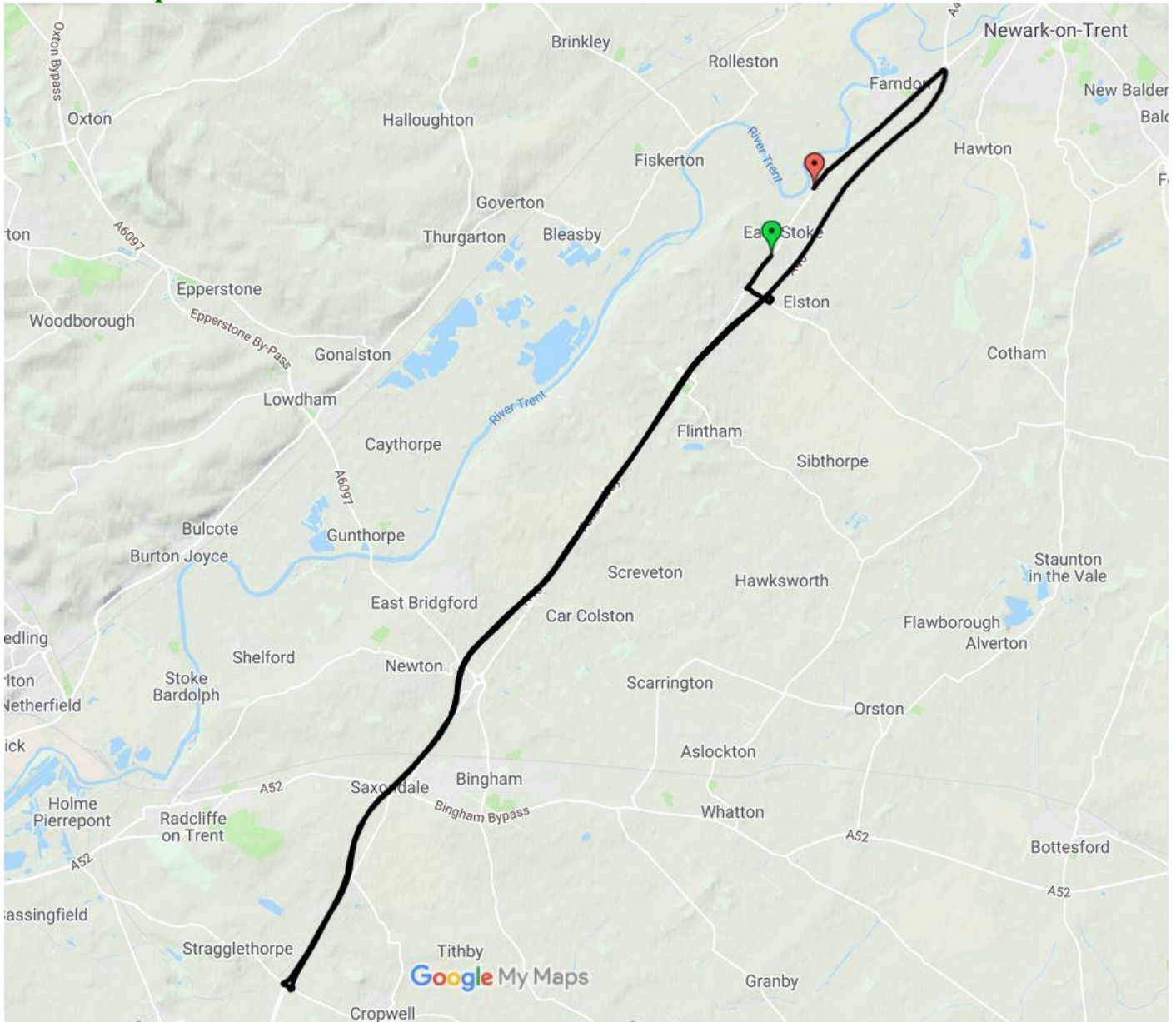
1st Fastest	£60
2nd Fastest	£50
3rd Fastest	£40
4th Fastest	£30
Fastest in Category A through M	£10 each
Fastest Woman	£40
Fastest Team of 3 Riders	£10 each

No formal presentation is planned after the event, but results will be posted up on the board at the Event HQ as soon as they are made available. Prizes will be posted out to riders after the event and within 28 days. One individual prize per rider (excluding team prize, which can be in addition to individual prize).

We hope that you have an enjoyable, swift and safe ride. Good Luck.

Instructions

Course Map



Process to Start

To get to the start proceed south along Marsh road then left onto Main St then right onto Fosse Rd. You are now on the last mile of the course so be aware of riders finishing. Proceed quickly and in single file past the finish making it obvious that you are not racing. The start is SW of East Stoke. Please warm up south of Eden Hall traffic island.

Between Farndon and Eden Hall please be aware of riders starting and finishing on this road!

Course Details

Start 36 yards after speed derestriction sign on southbound exit from East Stoke on old A46. Proceed south to Turn Left at traffic island (near Eden Hall) to pass over A46 to Turn Left onto A46 southbound slip road. On A46, proceed south to take slip road from A46 to new traffic roundabout at junction to Cropwell Bishop & Cotgrave (Stragglethorpe Junction). Take 4th exit to pass under the A46 to second roundabout. (Approx 10.36mls.) Take 3rd exit to slip road onto A46 northbound and proceed towards Newark. At Farndon roundabout take first exit onto old A46 (Fosse Way). (Approx 23.12mls.) Proceed south on old Fosse Way to Finish at start of fence on RHS at gateway to River Trent and just before Stoke Warren Farm on approach to East Stoke. (25.00mls.).

Notes

IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and Sherwood Cycling Club strongly advise you to wear a HARD SHELL HELMET that meets internationally accepted safety standards. It is recommended that a working rear light, either flashing or constant, is fitted to the machine and is active whilst the machine is in use.

Do not stop at the finish timekeeper but proceed along the old A46 (Fosse Way) and make a U turn when safe to do so being aware that there may be riders coming up fast from behind and return to the HQ where your time will be displayed. Traffic counts have indicated light use of the A46 on a Saturday afternoon, however, it is still a major trunk road so please take no chances and ride safely. Your welfare is worth more than your PB.

Please allow at least 10 minutes from the HQ to the start. It is 2.5 miles from the HQ. The start is south through East Stoke Village.

Please ride carefully, especially when merging onto the A46 South and A46 North at the turn.

Please do not warm up on the course after the event has started. Strictly NO U-Turns near the start and finish between 2:00pm. - 5:30pm.

Marshals are instructed to report dangerous riding so keep your head up and be considerate of other road users.

DO NOT COOL DOWN PAST THE START TIMEKEEPER AS THIS MAY RESULT IN DISQUALIFICATION.

Remember, you are required to return to the HQ to sign back in again after finishing your ride.

Pos	Time Off	Name	Club	Category
1	14:01	Michael Church	Rockingham Forest Whs	K
2	14:02	Andy Lear	Velo Club Rutland	F
3	14:03	Andrew Greenhalgh	Team ASL-Bolton	E
4	14:04	Gary Bates	Team Swift	D
5	14:05	Andrew Askwith	Vive Le Velo	C
6	14:06	Emma McDermott	Oxonian CC	L
7	14:07	Ron Hallam	South Pennine RC	K
8	14:08	Andrew Spittlehouse	Calder Clarion	J
9	14:09	Jo Corbett	Mapperley CC	H
10	14:10	Nick Cave	Team Lutterworth Cycle Centre	B
11	14:11	Jessica Beyer-Lyons	Nottingham Clarion CC	J
12	14:12	Anthony Nash	Scunthorpe Polytechnic CC	F
13	14:13	Stephen Scott	Elmsall Road Club	E
14	14:14	Gary Purdy	Coalville Whs	D
15	14:15	Steve Kaye	Fenland Clarion CC	C
16	14:16	Howard Clark	Sherwood CC	M
17	14:17	John Smith	VTTA (North Midlands)	L
18	14:18	Rod Weston	Race Hub	K
19	14:19	Roger Widdowson	Sherwood CC	J
20	14:20	Alex Leek	Velo Club St Raphael	B
21	14:21	Graham Green	Team Bottrill	G
22	14:22	James Puntton	Transition Race Team	F
23	14:23	Paul Ripley	Alford Whs	E

24	14:24	John Powell	Leicester Forest CC	D
25	14:25	Steven Guymer	Squadra RT	B
26	14:26	Josie Smith	Barnsley Road Club	J
27	14:27	John Atkin	Melton Olympic CC	L
28	14:28	Sally Withey	Team Swift	J
29	14:29	David Fox	Warrington Road Club/Horton Light Engineering/RS Cyclesport	H
30	14:30	Joe Simons	Albarosa CC	A
31	14:31	Mark Booth	Kettering CC	G
32	14:32	Robert Hulme	West Pennine Road Club	F
33	14:33	Richard Ferguson	Beeston Cycling Club	E
34	14:34	Mark Hulme	West Pennine Road Club	H
35	14:35	Matthew Miller	Team Bottrill	C
36	14:36	Steven Jackson	Race Hub	M
37	14:37	Douglas Jaram	Hull Thursday RC	L
38	14:38	Andy Clark	Rutland Cycling Club	K
39	14:39	Lucy Sturgess	Leicester Forest CC	H
40	14:40	Robert Gibbons	Race Rapid	A
41	14:41	James Byatt	Ilkeston Cycle Club	G
42	14:42	Simon Price	Para-T	F
43	14:43	Stephen Robinson	North Notts Olympic CC	E
44	14:44	Matt Plews	Welland Valley CC	D
45	14:45	Karen Ledger	Ace Test Team	B
46	14:46	Thomas Evans	Welland Valley CC	M
47	14:47	Graham Duguid	Velo Club Flintham	L
48	14:48	Michelle Morley	Team Swift	J
49	14:49	Martin Lee	Bury Clarion CC	H
50	14:50	Sean Vincent	Race Hub	A
51	14:51	Michael Wilkinson	North Notts Olympic CC	G
52	14:52	Richard Walker	Selby CC	F
53	14:53	Christopher Bailey	Lyme Racing Club	E
54	14:54	Richard Sheldrake	Lincoln Wheelers CC	C
55	14:55	Sam Bradley	Ellmore Factory Racing	B
56	14:56	John Scott	Sleaford Wheelers Cycling Club	M
57	14:57	Ellie Armstrong	Race Rapid	K
58	14:58	Simon Geraci	Team Swift	D
59	14:59	Sarah Lewthwaite	Team Sportslab	H
60	15:00	Neal Parkin	Team Bottrill	A
61	15:01	Matthew Lebelinski	Ilkeston Cycle Club	G
62	15:02	Phillip Tyas	Barnsley Road Club	F
63	15:03	Michael Dodson	uk-featherflags/TRI Race Team	E
64	15:04	Edwin Kaye	Alford Whs	C
65	15:05	Geoff Platts	Team Bottrill	B
66	15:06	Chris Schofield	Melton Olympic CC	L
67	15:07	Louise George	Witham Wheelers	K
68	15:08	Ben Hamilton	Rutland Cycling Club	J
69	15:09	Paul Slater	Velo Club Rutland	H
70	15:10	Ian Guilor	Mapperley CC	A
71	15:11	Steve Cornish	Mid Shropshire Wheelers	G
72	15:12	Dale Norris	Leicester Forest CC	F
73	15:13	Daniel Reidenbach	Ratae RC	D

74	15:14	Jymmy Trevor	Hull Thursday RC	C
75	15:15	Paul Schofield	St Ives CC	B
76	15:16	Martin Wood	Lincoln Tri Club	L
77	15:17	Sydney Wilson	Sheffield Phoenix Cycling Club	M
78	15:18	Kathryn Smith	Sleaford Wheelers Cycling Club	K
79	15:19	Cliff Beldon	Selby CC	H
80	15:20	Billy Jarish	Rose Race Team	A
81	15:21	Stephen L'Anson	Buxton CC/Sett Valley Cycles	G
82	15:22	Paul Brownless	Lincoln Wheelers CC	F
83	15:23	Jonathan Durnin	Welland Valley CC	D
84	15:24	Mark Hamer	Stratford Cycling Club	C
85	15:25	Mark Brearton	Wigan Whs CC	B
86	15:26	Scott Harrison	Tuxford Clarion C C	L
87	15:27	Drew Donaldson	Glasgow United CC	K
88	15:28	David Smith	Sleaford Wheelers Cycling Club	G
89	15:29	Paul Eveleigh	Lincoln Wheelers CC	H
90	15:30	Leon Wright	Race Hub	A
91	15:31	Michael Stevens	Melton Olympic CC	G
92	15:32	Keith Palmer	Ilkeston Cycle Club	E
93	15:33	Jez Willows	Sherwood CC	D
94	15:34	Gianni Epifani	Manx Viking Wheelers	C
95	15:35	Ed Tarelli	Race Hub	B
96	15:36	Daniel Moore	Tickhill Velo Club	L
97	15:37	Nigel Corless	Team Wheelguru	K
98	15:38	Louise Ryde	Team Swift	J
99	15:39	Gary Kondor	Sherwood CC	H
100	15:40	Richard Dean	Rockingham CC	A
101	15:41	Mark Burtonshaw	Team Swift	G
102	15:42	Adam Huelss	Velo Club Long Eaton	E
103	15:43	John Martin	Elmsall Road Club	D
104	15:44	Karl Caton	Elmsall Road Club	C
105	15:45	Gray Walker	VTTA (North)	B
106	15:46	Harry Cowley	Chester RC	L
107	15:47	Michael Weaver	Rotherham Wheelers Cycling Club	K
108	15:48	Denis Thompson	West Pennine Road Club	J
109	15:49	Mathew Stonley	Mapperley CC	D
110	15:50	Matthew Bottrill	Team Bottrill	A
111	15:51	Phil Wright	Hartlepool CC	J
112	15:52	Stuart White	Sleaford Wheelers Cycling Club	F
113	15:53	Chris Spray	Ratae RC	E
114	15:54	Gary Hunt	Hartlepool CC	C
115	15:55	John Archibald	Ribble Pro Cycling	A
116	15:56	Leah Thomas	Bigla Pro Cycling Team	A